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| **Infant Strings Project WEEK by WEEK SUMMARY spring term****Termly aim – Bow Hold** |
| **Week** | **Learning ObjectivePupils should learn ……** | **Summary of Teaching Activities** | **Notes** |
| 1 | To sing simple pitches moving by step or easy intervalsRhythm – walk and joggingTo listen and respond musicallyHand signs for soh, mi and la | Check learning from last termChoose Hello song (Dippidu)Sing do mi so song e.g. ‘Bells in the Steeple’Sing a song which includes La – e.g. ‘Rain Rain’, ‘Not Last Night but the Night Before’Dalcroze – remind about Walk Jogging Stride and RestPlay some favourite pieces from last term and remind about open string names, posture etcBegin Bow Hold work with pens – sing Zoom Zoom, James the Mouse story, Cake Making etc |  |
| 2 | PhrasingStrong and weak beats | Sing ‘Twinkle Twinkle’, notate with rhythm cards. Talk about structure.Step Twinkle TwinkleContinue work on bow holds, move from pen to bow if appropriate – Zoom Zoom, James the Mouse, Monkey up a Tree, Windscreen WipersTalk about care of bow and where to put it on the instrument to make the best soundPlay a favourite piece or ‘Flying Around’ with normal pizz and flying pizz |  |
| 3 | Improved Co-ordination | ‘Twinkle Twinkle’ with scarvesLearn ‘Copycat Blues’ or other easy piece which can be used as a first bowing piece, e.g. ‘Cowboy Chorus’. Continue work on bow holds. If children seem to be ready, try some on the instrument – rock and roll exercise. Children with better bow holds have a go with the bow while other children pluck, lot of teacher supportContinue with ‘Flying Around’ |  |
| 4 | Where to put the bow for best sound productionPitch – Do Re Mi Far So | Sing ‘Once a Man Fell in a Well’ or ‘The Elevator Song’ with Kodaly hand signsContinue with other activities as appropriate:Twinkle TwinkleEarly Bowing. Play ‘Simon Says’ game with red green and amber stickers on bowCheck ‘Umbrella’ hands for left hands and violin holdsCopying pieces – Copycat Blues, Cowboy Chorus, Rhythm TrainFlying Around or New Waltz | Simon Says – ask children to move bow to red, green or orange dot placed at heel middle or top of bow |
| 5 |  | Sing ‘Once a Man Fell in a Well’ or ‘The Elevator Song’ with Kodaly hand signsUse Dalcroze balls to bounce on first beat of 2 or 4 (backing track)Continue with other activities as appropriate:Twinkle TwinkleEarly bowingBall bouncingCopying pieces – Copycat Blues, Cowboy Chorus, Rhythm Train |  |
| 6 | Using the Thinking Voice | ‘Chest Chest Knee Toe’ – miss out words as appropriateContinue with other activities:Bounce Dalcroze balls on the first beat of 3. Using backing track or ‘Mini Mozart’Copying pieces for bow development as above |  |
| 7 | Bow circles | Use songs above or ‘Double Double This This’ rhythm activityRoll balls to 4 beats and 3 beatsUse 3 beat piece for bow circles, e.g. New Waltz, Flying AroundRevisit Hoe DownStep whole piecePlay with bow |  |
| 8 |  | ‘Double Double This This’‘Hoe Down’, step first‘Mini Mozart’, ‘Copycat Blues’‘Boogie Band’‘Happy Haydn’ |  |
| 9 |  | Tony ChestnutPieces chosen from list above |  |
| 10 |  | Do a performance for the school and parents if possible or use this week to prepare for a performance next week.Try to find time to discuss and review the performance. |  |

Notes:

* Please refer to ‘Infant String Activities’ information
* Any appropriate pieces or activities can be used to achieve the same outcomes but they should be based on Kodaly and Dalcroze principles.