## Medium term planning - Year 1 – Jolly Postman

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| Week | Learning Objective**Pupils should learn…………..** | Summary of Teaching activities |
| 1 | *Y1 - To be able to keep a steady pulse**Y2 – to be able to play word rhythms* | Have you brought you X voices chant Introduce Soh and Mi and do some echo phrases1 2 3 4 Mary at the Kitchen Door from Active music digital . Y1 - 3 tapping Teddies (3TT)Y2 – Continue with Mary at the Kitchen Door. Children find sounds to play pulse for each character |
| 2 | *To be able to sing back 2 notes (Soh/Mi)**Y1 - To identify changes in tempo**Y2 – to be able to play word rhythms** *To match sounds to symbols (ta tete)*
 | Y1 - Early in the Morning song and game from SGRGoldilocks from 3TT - compare fast and slow music and steady pulseY2 - Who’s got the rhythm song and game Revise word rhythms from previous week and learn ta tete symbolsRead Goldilocks Rap from 3 SP – ask children to keep pulse using body percussion |
| 3 | *To be able to sing back 2 notes (Soh/Mi)**Y1 - To be able to identify changes in pitch**Y2 – To combine word rhythms*  | Y1 - ‘Postman Postman where’s you sack? Jack and the beanstalk – introduce story and song. Add actions to show pitch changes. Y2 – ‘Postman Postman where’s you sack? Continue with Goldilocks rap – do long activity from 3SP book |
| 4 | *Y1 - To play instruments with control**Y2 – To be able to make changes to their music (pitch)* | Y1 - Revise warm up from previous week – assess s/m phrases Y2 – Teach - ‘Postman Postman where’s you sack? Someone stole it – I want it back! Y1 /2Listen to ‘Belle et la Bete’ from Ravel’s Mother Goose Suite. Identify charactersRevise Jack song and playing climbing music on TPPaired activity – make Jack climb up or down the beanstalk. |
| 5 | *To be able to sing s/m/l/ phrases**To be able to choose appropriate instrument to represent a character* | **Warm up:** Hello BB and find different puppets – clap the name of eachY1 - ‘Pass the Puppet’ from SGR – fairy tale characters Y2 – Postman Postman or Pass the Puppet. Link to sol fa characters and sing in sol fa**Main Activities:** Revise TP climbing sounds and Jack songRevise Giant music. Identify suitable instruments to play Giant musicAdd giant sounds and perform Jack and the Beanstalk and perform song |
| 6 | *To be able to play sounds to represent a character**To keep the steady pulse**To be able to play word rhythms* | Revise warm ups from the unit and assess pulse/s/m phrases3 little pigs. Y1 - Playing instruments with control and assessPlaying loud and soft for different characters/word rhythms revision for Y2 and assess |