## Medium term planning - Year 1 – Jolly Postman

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| Week | Learning Objective **Pupils should learn…………..** | Summary of Teaching activities |
| 1 | *Y1 - To be able to keep a steady pulse*  *Y2 – to be able to play word rhythms* | Have you brought you X voices chant  Introduce Soh and Mi and do some echo phrases  1 2 3 4 Mary at the Kitchen Door from Active music digital .  Y1 - 3 tapping Teddies (3TT)  Y2 – Continue with Mary at the Kitchen Door. Children find sounds to play pulse for each character |
| 2 | *To be able to sing back 2 notes (Soh/Mi)*  *Y1 - To identify changes in tempo*  *Y2 – to be able to play word rhythms*   * *To match sounds to symbols (ta tete)* | Y1 - Early in the Morning song and game from SGR  Goldilocks from 3TT - compare fast and slow music and steady pulse  Y2 - Who’s got the rhythm song and game  Revise word rhythms from previous week and learn ta tete symbols  Read Goldilocks Rap from 3 SP – ask children to keep pulse using body percussion |
| 3 | *To be able to sing back 2 notes (Soh/Mi)*  *Y1 - To be able to identify changes in pitch*  *Y2 – To combine word rhythms* | Y1 - ‘Postman Postman where’s you sack?  Jack and the beanstalk – introduce story and song. Add actions to show pitch changes.  Y2 – ‘Postman Postman where’s you sack?  Continue with Goldilocks rap – do long activity from 3SP book |
| 4 | *Y1 - To play instruments with control*  *Y2 – To be able to make changes to their music (pitch)* | Y1 - Revise warm up from previous week – assess s/m phrases  Y2 – Teach - ‘Postman Postman where’s you sack? Someone stole it – I want it back!  Y1 /2  Listen to ‘Belle et la Bete’ from Ravel’s Mother Goose Suite. Identify characters  Revise Jack song and playing climbing music on TP  Paired activity – make Jack climb up or down the beanstalk. |
| 5 | *To be able to sing s/m/l/ phrases*  *To be able to choose appropriate instrument to represent a character* | **Warm up:** Hello BB and find different puppets – clap the name of each  Y1 - ‘Pass the Puppet’ from SGR – fairy tale characters  Y2 – Postman Postman or Pass the Puppet. Link to sol fa characters and sing in sol fa  **Main Activities:**  Revise TP climbing sounds and Jack song  Revise Giant music. Identify suitable instruments to play Giant music  Add giant sounds and perform Jack and the Beanstalk and perform song |
| 6 | *To be able to play sounds to represent a character*  *To keep the steady pulse*  *To be able to play word rhythms* | Revise warm ups from the unit and assess pulse/s/m phrases  3 little pigs. Y1 - Playing instruments with control and assess  Playing loud and soft for different characters/word rhythms revision for Y2 and assess |